

# My LOVE DESIGN<sup>®</sup>

## Love List

*I hereby declare the following into the world and to my highest self. Not only will I speak it into existence in relation to my partner, but also I will embody them myself.*

What is important to you when it comes to your partner's faith, religion, and spirituality?

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What values are important to you that your potential mate must possess?

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What personality type and/or traits are most important to you in a potential mate?

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How is the lifestyle that your partner leads, and what are they most focused on?  
And what about that of their friends and family?

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How do they nourish their body? How do they enjoy food?

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How important is sex to you and to your partner? How do you wish to experience it?

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Which of these love languages are most important to you and why? Which of these love languages do you yourself use to express love? *(According to author Gary Chapman, the five love languages are words of affirmation, acts of service, receiving gifts, quality time, and physical touch.)*

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How important is travel to your partner? How do you like to experience travel with your partner?

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How would your partner typically spend their free time? How do you typically spend yours when you are alone?

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How would you and your partner enjoy your time together?

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How does your partner experience drugs and/or alcohol?

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How does your partner feel about children? Does your partner already have children?  
Does your partner want to have children with you? Is having children important to you?

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How much money does your partner need to make? How does your partner spend their money?  
How do you spend your money? How will you enjoy your money together?

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What is your partner's approach to structure and organization in their life?

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What is your partner's sense of humor? Do you laugh together?

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What physical attributes do you desire in your partner? What is their ideal height/weight/body type?

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What is your partner's ideal look and/or style? How do they dress?

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What level of education does your partner possess? How did they obtain it? How important is it to you?

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Where does your partner live? City or country? Do they own or rent? Where would you like to settle together?

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What personality traits are important in your partner? Are they introverted or extroverted?  
How well do they match with your traits?

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What are your absolute turn-offs?

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What will you absolutely not allow in your life?

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Name \_\_\_\_\_

Date \_\_\_\_\_